

Self-Care	Outdoors	Playtime	Entertainment	Games
snugglefest	go for a walk	tea party	watch a movie	Scategories
create a spa	bird watching	LEGO building	read Harry Potter	charades
take a bath	bike ride	fashion show	write a short story	cards: Go Fish
paint nails	sidewalk chalk	pretend cooking show	read a book	chess
play hair salon	outdoor art	make a stuffed animal zoo	karaoke	Scrabble
meditation	plant flowers	stuffed animal hide & seek	read the "joke book"	jigsaw puzzle
back massages	plant veggies	photo shoot	listen to an audiobook	play Mario
hidden love notes	backyard s'mores	Playdoh	watch a TV show	checkers
foot massages	feed ducks	indoor camping	create a "drive-in" movie	Chinese checkers
read a magazine article	take ABC photos	scavenger hunt	watch a concert	dominoes
foot scrub	hike	Laser Pegs	family stand-up comedy	bird Bingo
face masks	watch clouds	build a fort	put on a play	cards: War
breathe	park	blow bubbles	hide and seek in the dark	cards: Phase 10
diffuse essential oils	fly a kite	play foxes	crossword puzzle	Cranium
	hang with friends outside		listen to a podcast	shadow puppets
	sit on front porch		Highlights magazine	Bananagrams
			nature show	Uno

Education	Social	Food	Arts & Crafts	Chores / Organization
geometry	write handwritten letters	bake muffins	jewelry making/ beads	paint the hallway
addition/ subtraction	call a family member	bake bread	knit/stitching	paint the trim
book report	call a friend	homemade ice cream	make sock puppets	clean the garage
learn to play a song on the piano	make a video composite	try a new recipe	sew a skirt	laundry
learn about money	tell family history stories	picnic	learn to draw: an animal	organize home photos
sign language alphabet	watch family videos	breakfast for dinner	learn to draw: a Disney character	organize storage room
write a poem	look at old photo albums	ice cream sundaes	word puzzles	decorate V's room
learn a foreign language		bake cookies	holiday decorations	yard work
handwriting		make an international meal	cut up magazines	declutter office
homework		inventory the freezer	coloring	clean windows
		bake a pie for Pi Day	make a bird feeder	fresh bedsheets
			travel journal	sort bathroom closet
			fuse beads	

Exercise	Night	To FaceTime	Movies to Watch	Books & Podcasts
Zumba	glow sticks			
Pilates	slumber party			
yoga	stargaze			
play hall hockey	watch a sunset			
hall bowling	pillow fight			
dance party	sleep in the tent			
basketball				
stretch				
gymnastics				
throw a ball				
frisbee				
